



Presented by Stanley C. Mantooth, Ventura County Superintendent of Schools  
Coordinated by Dawn Anderson, Director of VCOE Comprehensive Health and Prevention Programs



Free



**safeTALK**

*suicide alertness for everyone*

*Tell, Ask, Listen, KeepSafe*

**BECOME SUICIDE-ALERT**

**Ventura County Office of Education**  
Conference & Educational Services Center  
5100 Adolfo Rd. Camarillo, CA 93012  
Oxnard Room

**Thursday, March 23, 2017**  
**2:00 – 5:00 PM**

**S**uicide is the 2nd leading cause of death among 10 - 24 year olds (2014 CDC). In 2013, there were 41,149 suicides in the U.S. — a rate of 12.6 per 100,000 which is equal to 113 suicides each day or one every 13 minutes (2015 CDC). Most people with thoughts of suicide invite help but often these opportunities are missed, dismissed or avoided – leaving people feeling more alone and at greater risk.

*Learn four basic steps to recognize persons with thoughts of suicide and connect them with help.  
safeTALK is an internationally recognized training from LivingWorks Education.*

**safeTALK (suicide alertness for everyone, Talk, Ask, Listen and KeepSafe) is a 3-hour, no cost training that prepares anyone 15 or older to identify persons with thoughts of suicide and connect them to suicide first-aid resources.**

- Appropriate for ages 15 and up - Parent permission required for student participants (contact office for release form)
- Participants will leave with skills and resources

**Space is limited. PLEASE REGISTER ASAP.**

**Please register by using just one of the following methods.** Online registration (preferred): <http://vcoe.k12oms.org/1616-127737> or email form to [ktrotsky@vcoe.org](mailto:ktrotsky@vcoe.org) or fax to: 805-437-1515 or mail to Kris Trotsky, VCOE-CHPP, 5100 Adolfo Road Camarillo, CA 93012.

***All information is required. Please print clearly or use this fillable form.***

Name: \_\_\_\_\_ Title: \_\_\_\_\_

District/Agency: \_\_\_\_\_ School: \_\_\_\_\_

Email Address: \_\_\_\_\_ Work Phone: \_\_\_\_\_

*Made possible through the Mental Health Services Act and Ventura County Behavioral Health.*