



*Presented by Stanley C Mantooth,  
Ventura County Superintendent of Schools  
Coordinated by Comprehensive Health and  
Prevention Programs*

# Remote Brief Intervention Training for Substance Using Adolescents

Sponsored by the Ventura County Office of Education TUPE Program



Remote Training via  
LIVE ZOOM Video



October 14th & 15th

2 Session Training  
Session 1: 8:30am-12:00pm  
Session 2: 8:30am-12:00pm  
(3 ½ hours each day)

## 2- day No-Cost Training – Ventura County!

Facilitated by: Ira Sachnoff



### Training Description:

This training is to build skills of counselors and other adults working with adolescents. BI is a short-term counseling style of intervention that consists of 2 to 4 sessions aimed at adolescents who use tobacco, marijuana, alcohol and/or other drugs. This approach uses motivational interviewing, cognitive behavior therapy and the stages of change model to meet the needs of adolescents.

### Target Audience:

School Administrators (Deans, AP/VPs, etc.), Educators, Staff, Counselors, Nurses, Social Workers, and Community Based Partners

### Learning Objectives:

- Examining the counselor's and other adult's attitudes and relationships with teens
- Learning to teach adolescents how to take a more active and reflective role in decisions about their own behavior.
- Identifying strategies that would support an adolescent driven plan to make decisions they see as beneficial
- Increasing knowledge about drug and alcohol use among teens
- Utilizing Motivational Interviewing to empower rather than enforce

Approved  
Continuing Education Units :  
See additional information on  
OMS Registration link  
\$25 for 6 CEU's for 2-day training;  
Credit provided upon completion.  
(no partial credit will be given)

[Click here](#) to register. Deadline is Thursday, October 7, 2020. Space is limited to 40 participants. A ZOOM link will be sent out closer to the training date. Please contact (805) 437-1370 if you have any questions.