

# Brief Intervention for Substance Using Adolescents Training

*Presented by Stanley C Mantooth,  
Ventura County Superintendent of Schools  
Coordinated by Comprehensive Health and Prevention  
Programs*

**Friday, January 24, 2020**

**8:00 – 8:30 AM Sign-in and Network  
8:30 AM – 3:00 PM Training**

Ventura County Office of Education  
Conference and Educational Services Center – Conejo Room  
5100 Adolfo Road  
Camarillo, CA 93012

**Please join us for the one-day *Brief Intervention***

## About the Training

This training is to build skills of counselors and educators working with adolescents. BI is a short-term counseling type of intervention that consists of 2 to 3 sessions aimed at adolescents who use alcohol, tobacco and/or other drugs. This approach uses motivational interviewing, cognitive behavior therapy and the stages of change model to meet the needs of adolescents. While the BI training is geared for youth using Alcohol and other Drugs, many people are using this technique and these forms for helping youth with other challenging behavior. In addition, the presenter will also discuss and update us on the current "vaping" issue."

## Learning Objectives

- Examining the counselor's attitudes and relationship with teens
- Learning to teach adolescents how to take a more active and reflective role in decisions about their own behavior.
- Identifying strategies that would support an adolescent driven plan to make decisions they see as beneficial
- Increasing knowledge about drug and alcohol, and tobacco use among teens
- Utilizing Motivation Interviewing to empower rather than enforce

## Target Audience

School Administrators, Educators, CBO's, TUPE Coordinators, Counselors, Social Workers and Nurses

**Cost: FREE!**

## Includes

Light breakfast, lunch and materials will be provided.

## Registration

[Click here](#) to register. Deadline is Thursday, January 16, 2020. Space is limited. Contact (805) 437-1370 if you have any questions.

