



Presented by, Stanley C. Mantooth, Ventura County Superintendent of Schools  
Coordinated by Dawn Anderson, Director of Comprehensive Health and Prevention Programs.

# Mental Health Issues in Latinx Youths

## A FREE WEBINAR

October 22, 2020  
10:00 AM to 11:30 AM

Register at  
<https://bit.ly/3mGU2DH>

Latinx youths are at significant risk for mental health problems, including anxiety, depression, and suicide attempts. Latinx youths are also less likely to access culturally responsive mental health services and continue to be undiagnosed or untreated. This can lead to negative outcomes such as negative interactions at school and with authorities, increased disconnection from family and society, and exposure to the criminal justice system. This training will assist you in:

- Identifying trends in mental health disorders, including suicidal thoughts and behaviors
- Review risk and protective factors associated with mental health
- Discussing culture-specific risk and protector factors associated with mental health

Who should attend? Mental health providers, teachers, counselors, school administration and school staff.



Dr. J Rocky Romero is the CEO and owner of JR Romero & Associates, a training and consultant company he started almost 20 years ago. He served as the co-chair for Governor Richardson's appointed NM Higher Education Department on Cultural Competency Task-Force. Dr. Romero has also served as an Executive Council member for the NM-Consortium for Behavioral Health Training and Research. He is focused on culturally appropriate treatment while focusing on reducing health disparities for people of color.

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