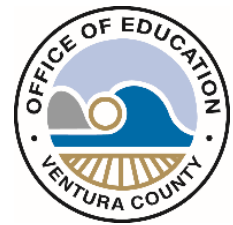




TIPS

Trauma Informed Practices for Schools



Workshop Registration (all held at VCOE, 5100 Adolfo Road, Camarillo CA 93012):

10/11/17 6-8PM (<http://vcoe.k12oms.org/1627-139052>)

1/31/18 1-3PM (<http://vcoe.k12oms.org/1627-139056>)

12/4/17 9-11AM (<http://vcoe.k12oms.org/1627-139053>)

4/4/18 4-6PM (<http://vcoe.k12oms.org/1627-139055>)

TRAINERS

TRAUMA is an umbrella term used to describe the inability of an individual or a community to respond in a healthy way physically, emotionally, and mentally to acute or chronic stress.

Becoming "trauma-informed" means recognizing that people often have many different types of trauma in their lives. People who have been traumatized need support and understanding from those around them. Often, trauma survivors can be re-traumatized by well-meaning caregivers and community service providers.



Ventura College Foster & Kinship Care

Participants will:

Learn about the physiological impacts of trauma on the brain and possible emotional, behavioral, social and intellectual/academic impacts on students in foster care (e.g., attachment issues, externalized behaviors, disabilities, etc.)

Learn about the Adverse Childhood Experiences (ACES) studies and how they relate to life-long impacts for students impacted by trauma

How schools and classrooms are creating trauma sensitive learning environments and strategies for responding to these impacts

Hear about the importance of self-care: addressing our own traumatic experiences/history



Cristina Miranda

Cristina has worked in the fields of child welfare and education for over a decade. Cristina completed a Master's degree in Public Policy and Administration from California Lutheran University, and is currently completing an Ed.D. at Pepperdine University. In the future, Cristina hopes to teach graduate level students.



Marisol Homan

Marisol spent the majority of her childhood in foster care and became a mom at the age of 15. She is now attending college, and hopes to graduate from San Diego State University in 2020. She hopes to become a journalist, traveling the world and bringing awareness to important issues affecting children.