### CRISIS TEAM

**Steps to take BEFORE calling CT:**

1. Is there a “hands on” need (e.g., elopement risk, violent behaviors)? If so, call law enforcement.
2. Is there a medical concern, drug/alcohol intoxication, and/or recent overdose? If so, seek immediate medical treatment.
3. Have you consulted internally and exhausted all measures of de-escalation per your internal risk assessment/risk management protocols?
4. Have you involved the parents/caregivers? Best practice is to have parents on scene, gather background information, and attempt to collaboratively de-escalate the crisis **prior** to seeking outside intervention (e.g., Crisis Team).
5. If these steps have been taken and a higher-level emergency mental health assessment is indicated, VCBH Crisis Team can be reached at **866-998-2243**

Please have the following ready to share:
- Client’s name, DOB, and preferred language
- Clinically significant information on why the youth is at risk of killing him/herself and/or others
- Mental health history (if any), including most recent diagnosis, history of suicidal/homicidal behaviors and psychiatric hospitalizations
- Name of parent(s)/guardian(s) currently on scene and the preferred language

### LAW ENFORCEMENT

1. If there is an immediate safety risk:
   - a. Potential for violence?
   - b. Potential for AWOL?
   - c. Anything that might require “hands on”
2. If Crisis Team not available

### Possible Outcomes of the Crisis Team/Law Enforcement Crisis Assessment

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<th><strong>MEDICAL ATTENTION NEEDED:</strong> Ambulance to ER</th>
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<th><strong>PSYCHATRIC HOSPITALIZATION OR CHILDREN’S CRISIS STABILIZATION UNIT (CSU) ADMIT</strong>—Will be on involuntary (5585) or voluntary status:</th>
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<td><em>Transport may be conducted by ambulance (vol or invol), LE (typically only for invol to CSU or EDs), or by parent/guardian (vol)</em></td>
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<th><strong>NOT GOING TO PSYCHIATRIC HOSPITAL OR TO CSU?</strong></th>
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If Crisis Team

1. De-escalate/Stabilize Situation
2. Safety Plan
3. Linkage to needed services
4. Follow-up next day (or sooner) by Crisis Team and/or RISE (VCBH’s support and engagement team).

If Law Enforcement

1. De-escalate/Stabilize Situation
2. Connect with VCBH (Crisis Team 866#) and/or insurance to help link to treatment/services

911