

PROFESSIONAL DEVELOPMENT



Student Safety and Well Being Youth Mental Health First Aid Virtual Training

Sometimes, first aid isn't a bandage, or CPR, or the Heimlich, or calling 911. Sometimes, first aid is

YOU!

Date: Tuesday, November 3, 2020

Time: 8:30am-4:00pm

Participants will be required to complete 2 hours of self-paced instruction prior to the instructor-led learning

This training will be provided VIRTUALLY

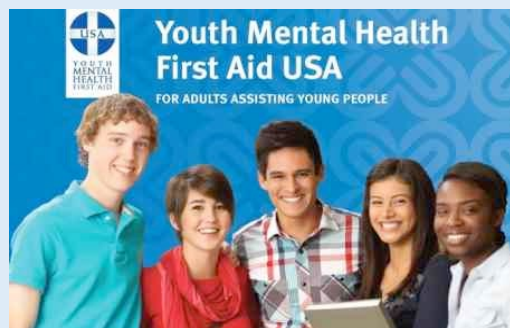
An email with detailed information will be provided after registering

SPACE IS LIMITED TO 30 PARTICIPANTS

Content from this training supports Local Control Accountability Plan

Priority Area: Student Engagement and School Climate

Participants might be photographed for promotional materials.



A child or young person you know could be experiencing a mental health challenge or crisis. YMHFA teaches you skills to help them.

You are more likely to encounter a child or young person—friend, family member, student, neighbor, or member of the community—in an emotional or mental crisis than someone having a heart attack. Learning how to help them is critical.

Participants Will Learn

Youth Mental Health First Aid teaches you how to identify, understand and respond to signs of mental illness and substance use disorders in youth. This training gives adults the skills they need to reach out and provide initial support to children and adolescents (ages 6-18) who may be developing a mental health or substance use problem and help connect them to the appropriate care.

Intended Audience

Anyone can take the Youth Mental Health First Aid course, but it is ideally designed for adults who work with young people, ages 6-18: teachers, nurses, counselors, coaches, secretaries, campus monitors, yard supervisors, registrars, lunch staff, bus drivers, and leaders of faith communities, law enforcement, parents, youth employers, and other caring citizens.

Mental health professionals who participate should understand information share in this course is basic and will give them common language to share with their colleagues. Participants are encouraged to attend as school teams.

Registration for event closes on October 26, 2020. To register, please click here:

<https://forms.gle/DjKrWEpa7ro839tQ8>

Sponsored by the California Department of Education (CDE), Educator Excellence and Equity Division and Ventura County Office of Education. This training is made possible through funding from the U.S. Department of Health and Human Services' Substance Abuse and Mental Health Services Administration (SAMHSA) through the Project Advancing Wellness and Resilience in Education State Educational Agency and the U.S. Department of Justice's Stop School Violence Act Program. California's Project AWARE-SEA (Project Cal-Well) is a consortium of the CDE and three grantee LEAs: Humboldt County Office of Education and Del Norte Unified School District; Sacramento County Office of Education and Paradise Unified School District; and Stanislaus County Office of Education. Participant manuals generously donated by the local chapters of the American Foundation for Suicide Prevention and instructor stipends generously donated by Blue Shield of California.



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