

## VCSBA Dinner Meeting Minutes

April 29, 2019

1. The VCSBA dinner meeting was convened at 6:07 p.m. at 5100 Adolfo Road, Camarillo, CA 93012. Ms. Urias led the attendees in the Pledge of Allegiance. The group was excused for dinner.
2. From 6:00 to 6:30 p.m., attendees registered and socialized.
3. At 6:35 p.m., VCSBA President Christina Urias opened the meeting.
4. From 6:36 to 7:03 p.m., attendees enjoyed self-service dinner.
5. At 7:05 p.m., President Urias reconvened the business of the meeting. Each table made introductions of those in attendance.
6. President Urias announced that this was her last meeting serving as President; she thanked everyone for their support during her tenure as VCSBA president and wished the best to the new incoming officers.
7. Mrs. Urias invited Sabrena Rodriguez (Ventura Unified SD Board President) member of the nominations committee to present the slate of candidates as follows:
  - a. President: Veronica Robles-Solis (Oxnard)
  - b. 1<sup>st</sup> VP, Programs: Eleanor Torres (Rio)
  - c. 2<sup>nd</sup> VP, Legislation: Dr. Charles Weis (Hueneme)
  - d. Treasurer: Efrain D. Cazares (Ocean View)
  - e. Secretary: Denise Helfstein (Oak Park Unified)
8. All candidates were officially elected without opposition.
9. Outgoing President Urias congratulated all the newly elected officers and everyone in attendance supported them with a big round of applause.
10. At 7:15p.m President Robles introduced the program "Social Emotional Learning."
11. Dr. Weiss talked about why Social and Emotional Learning was so important. He explained how LCAP helps on five priority areas. Dr. Weiss introduce the panelists.
12. Claudia Frandsen, Director, Leadership Support Services VCOE, initiated asking how the audience was feeling. Most of them showed a thumbs up, meaning feeling good. She discussed how important it is to identify how you feel (how kids feel in the classroom) to be able to address their needs. That needs to happen at home, community, school, classroom; this helps to self-address, self-management, etc. Also knowing how to identify the lower and upper brain is very important. Claudia, also discussed about the VCOE Social Emotional Learning (SEL), how

this program is empowering County educators to provide equitable outcomes for students by improving academic success. Helps with violence prevention, Restorative Justice, etc. Claudia highlighted the quote: “There is no separation of mind and emotions; emotions, thinking and learning are all linked.”

13. Erik Sternad, Executive Director of INTERFACE in Ventura County, shared that he is very excited to continue serving Ventura County kids, youth and community with a variety of services. He mentioned about Earlier Investment equals Greater Return. Mr. Sternad discussed how the State has been reducing funds for services like First 5 Neighborhood for Learning and others, which Interface will be taking over to continue offering services countywide; parenting education, social connections, including working with Mixteco Indigena Community Organizing Project (MICOP) for families that speak Mixteco. Erik mentioned about two key programs that serve about 10,000 kids every year; My Body Belongs to Me (MBBTM) and (Teen Dating Violence Prevention) TDVP. Interface offers these programs to students, parents and teachers. Mr. Sternad shared very important data about how students by grade 9 had already suffered violent relationships, at home, friends, etc. Only 3% of those youth knows what to do when something like this happens to them, the rest don't really know. Mr. Sternad finalized his presentation talking about the Ventura County 211 Call, Click and/or Text.
14. David Castellano, Director of Student Support Services at Hueneme School District; Mr. Castellano shared about the implementation of Social and Emotional Learning program in the Hueneme School District. David discussed how the district came up with the idea of forming a Collaborative Leadership Team, including board members, administrators, certificated and classified staff. He explained the difference between Guidance Counselors and School Counselors. Mr. Castellano discussed the importance of aligning LCAP goals with actions to develop the Social and Emotional Learning. David talked about specific programs that can help with Family and Student Engagement. He also discussed about the Second Step of SEL and CASEL competencies. David recommended moving slowly while developing the program since every school and community is different.
15. Questions were taken from the audience.
16. President Robles-Solis thanked all presenters and attendees for being here tonight. She also thanked Ms. Tina Urias for her service to VCSBA.
17. Meeting was adjourned at 8:35p.m.

Minutes respectfully submitted by Efrain D. Cazares