State behavior expectations positively. For example, say "use walking feet" instead of "no running."

Create a visual for each expected behavior. Post them around your home and refer to them often.

Review the expectations daily and provide examples and non-examples of the expected behaviors.

You're keeping your body calm while you play. I'm proud of you.

Provide positive descriptive feedback often to increase the likelihood of that behavior in the future.

Point to visual and say, "remember, we use walking feet inside to stay safe."

Scroll down for more resources!

When it’s time to clean up, show your child the visual and clean up one toy. Describe what you’re doing. Then say, "it’s your turn to clean up."

For more information on setting clear behavior expectations, click here.
Gentle hands

Calm body

Walking feet

Listening ears
Quiet voice
Safe choices
Use kind words
Take turns
Use the boxes below to create your own visuals.