Making a Visual

Getting dressed

Getting dressed can be a challenging routine for many families. This visual schedule will help your child learn the steps of getting dressed and support them as they gain independence with this routine.

1. Cut out the images from the next page and Velcro or tape them to the corresponding square on the left (page 3).

2. As your child completes a step, have them move it to the square on the right labeled "all done." This will help your child visually monitor their progress as they get dressed.

3. Provide positive descriptive feedback and other positive attention frequently as your child completes each step.

For more information on using a visual schedule and other visual schedules, click here.
- Put on underwear
- Put on shirt
- Put on pants
- Put on socks
- Put on shoes
- Put on skirt
- Put on dress
- Put on shorts
- Put on jacket
- Put on hat
This is how I get dressed.

<table>
<thead>
<tr>
<th>Place step one here</th>
<th>All done</th>
</tr>
</thead>
<tbody>
<tr>
<td>Place step two here</td>
<td>All done</td>
</tr>
<tr>
<td>Place step three here</td>
<td>All done</td>
</tr>
<tr>
<td>Place step four here</td>
<td>All done</td>
</tr>
<tr>
<td>Place step five here</td>
<td>All done</td>
</tr>
</tbody>
</table>