Prevent Strategy
Provide Transition Warnings

Provide a warning before removing a preferred item or transitioning to a new activity. This warning should prepare the child for the transition, not enforce it.

Help your child complete the transition, while keeping him/her safe, using prompting if needed.

Provide positive descriptive feedback when your child begins to engage in the transition independently.

"In one minute we will be all done with blocks and it will be time for snack."

Say, “one more turn and then it’s time to clean up” before it’s time to clean up instead of after your child refused to clean up.

"You cleaned up the blocks all by yourself! Nice work!"

For a list of transition warnings you can use, click here.

Providing consistent positive attention when your child engages in appropriate behavior during transitions reduces the likelihood that they will engage in challenging behavior during this time.

For more information on providing transition warnings, click here.