The County Superintendent of Schools or authorized representative may require a physical examination to be taken by any certificated employee of the County Office of Education.

The Superintendent may either provide the required examination, cause the examination to be provided, or provide the employee with reasonable reimbursement for the required examination. Such examination may be required to determine if there is a medical problem that interferes with the normal responsibilities of the employee's position.

A medical release is a statement of a medical doctor licensed to practice medicine, pursuant to California Business and Profession Code Section 2000, stating that the employee is physically able to work or return to work and resume regular duties.

**New Employees**

The Superintendent or designee shall ensure that new VCOE employees comply with all the health examination requirements of California law. Education Code 49406 requires a tuberculosis examination for all new employees, with specified exceptions. In addition, Education Code 44839 requires that when filling a position requiring certification with someone who has not previously worked in such a position in California, VCOE must obtain a more extensive medical certification showing that the applicant is free from any disabling disease which makes him/her unfit to instruct or associate with children.

In addition, the Superintendent or designee may require applicants for employment in classified positions to undergo a pre-employment physical examination to show that they are physically able to perform the duties of specific jobs. (Education Code 45122)

**Continuing Employees**

Continuing employees shall undergo periodic tuberculosis tests once every four years in accordance with law. (Education Code 49406)

Employees may be required to pass a physical and/or psychological examination any time such an examination appears necessary to preserve the health and welfare of students and employees or to furnish medical proof of physical or mental ability to perform satisfactorily the assigned duties of an individual's position. (Education Code 44839, 45122)
Legal Reference:

**EDUCATION CODE**
- 44839   Medical certificate; periodic medical examination
- 44839.5 Requirements for employment of retirant
- 44932   Grounds for dismissal of permanent employee
- 44942   Suspension or transfer of certificated employee on ground of mental illness, psychiatric examination; mandatory sick leave
- 45122   Physical examinations
- 49406   Examination for tuberculosis

**CODE OF REGULATIONS, TITLE 5**
- 5502-5503 Physical examination for retirants employed as substitute teacher, etc.
- 5504    Medical certification procedures