The Ventura County Office of Education or authorized representative may require a physical examination to be taken by any classified employee of the County Office of Education.

The Superintendent may either provide the required examination, cause the examination to be provided, or provide the employee with reasonable reimbursement for the required examination. Such examination may be required when there is evidence that a medical problem exists that interferes with the normal responsibilities of the employee's position.

A medical release is a statement of a medical doctor licensed to practice medicine, pursuant to California Business and Profession Code Section 2000, stating that the employee is physically able to return to work and resume regular duties.