Mental Health & Trauma Treatment
Domestic Violence & Child Abuse Prevention
Human Trafficking
Early Childhood Education & Family Development
Youth Crisis & Homeless Intervention
Reentry Services
2-1-1 Information & Referral

VC SBA Dinner April 29, 2019
Erik Sternad, MFT, Executive Director
Earlier Investment = Greater Return

Source: James Heckman, Nobel Laureate in Economics
Earlier Investment = Greater Return

90% of a child’s brain development happens before age 5

Source: Harvard Center for the Developing Child
• We will maintain locations countywide
• Parent and Child Together (PACT) Classes
  - Parenting education & techniques
  - Structured and unstructured play
  - Social connections
• Family Support: referrals and case management
• English, Spanish, and Mixteco
Domestic Violence Prevention Education
10K across 63 schools...

- **MBBTM (My Body Belongs to Me)**
  - The “My Body Belongs to Me” – a three part personal safety and child abuse prevention program for pre-school and elementary school aged children, their families and educators.

- **TDVP (Teen Dating Violence Prevention)**
  - How to recognize abuse
  - Cycle of violence
  - Healthy relationships
  - How to help others
  - Available resources
Mental Health Programs - Serving 1,600 Countywide

- 140 on-site school locations, Oxnard, Camarillo, Moorpark, Thousand Oaks, Santa Paula
- CHAT (Child Abuse Treatment)
- PCIT (Parent Child Interactive Therapy)
- Triple P (Positive Parenting Program)
- Street Outreach and Runaway Homeless Youth Shelter
Thank You!