



Suicide Awareness & Prevention

RESOURCES FOR STAFF TRAININGS

Program Name	Description	Audience	Cost	Time	Provider	Web Address
More Than Sad	Teaches how to recognize signs of mental health distress in students and refer them for help.	Educators			AFSP	https://afsp.org
Signs Matter, Early Detection	Online training. Shows how and when to express concern and refer students to counseling staff or admin.	K-12 Educators				
Talk Saves Lives	An intro presentation teaching risks, warning signs and how we can help prevent it.	Middle Schools, more general audience.				
ASIST (Applied Suicide Intervention Skills Training) by LivingWorks.net	Workshop for anyone who wants to feel more comfortable, confident and competent in helping to prevent the immediate risk of suicide.	Adults		15 hrs over 2 days	Casa Pacifica	https://www.casapacific.a.org
Adult Presentation	Overview. Teaches the nature of suicide, related statistics, risk factors and warning signs. How to assess for lethality and resources for help.	Adults		1 hr	Didi Hirsch	http://www.didihirsch.org
Adult Clinical Presentation	In-depth view. Includes the nature of suicide, statistics, depression & suicide, risk and protective factors, warning signs, clinical lethality assessment, how to manage a suicidal person and resources.	School Nurses, Counselors, Psychologists		60-90 min		
At-Risk	An evidence-based series of online interactive-role play simulations. Tools and templates to ensure the program is easy to disseminate and measure success.	Elem. School Educators Middle School Educators High School Educators	Yrly subscription	1-2 hrs 45 min 1-2 hrs	Kognito	https://kognito.com
Parents & Teachers as Allies	Recognize the early warning signs of mental illness.	School Professionals	In-serv.		NAMI	https://www.nami.org/
QPR Online Gatekeeper Training (Question, Persuade, and Refer)	Learn to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help.	Individual Organization (250-500) (500+)	\$29.95 \$14.95 \$9.95	1 hr	QRP Institute	http://www.qprinstitute.com/
QPR Suicide Risk Assessment & Management Training for Professionals	Next-level, online courses designed to reduce immediate risk and provide longer-term care for those at risk.	Pros responsible for suicidal School Health Professionals Nurses Suicide Screening Training	\$149 \$79 \$89 \$69	8-12 hrs 3-4 hrs 6 hrs 2-3 hrs		
QPR for Sports Coaches	Online training intended to help you prevent suicide not just among athletes, but among employees, colleagues, co-workers, friends and family members.	Sport Coaches & Staff	\$79	3+ hrs		
QPR Suicide Triage Training	Online training includes how to interview suicidal persons, determine risk of suicide, and help reduce risk by a safety planning and referral process.	For those on the "front lines" of suicide prevention.	\$119	6-10 hrs		
Assessing and Managing Suicide Risk (AMSR)	Workshop based on the latest research. Presents five most common dilemmas providers face and best practices for addressing them.	Behavioral Health Professionals		6.5 hrs (1 day)	Suicide Prevention Resource Ctr	http://www.sprc.org/training-events/amsr
Youth Suicide: Awareness and Prevention	Online training course with seven learning modules about risk factors and warning signs. Identify suicide prevention measures, identify suicide risk factors, and spot warning signs.	Educators			Target Solutions	http://www.targetsolutions.com/
safeTALK (Suicide Alertness Training for Everyone) by LivingWorks.net	Teaches how to identify persons with thoughts of suicide, apply the TALK steps (Tell, Ask, Listen & KeepSafe) and connect them to resources.	Anyone 15 or older	Free	3 consecutive hrs	VCOE / Living Works	http://www.vcoe.org/heath